18 Oct 2023

Dear Parents/Guardian

Secondary 3 Outdoor Adventure Camp 2023

- 1. We are pleased to inform you that our school's Sec 3 cohort level camp will be conducted in Home TeamNS Bukit Batok. This is part of the National Outdoor Adventure Education Masterplan which MOE has put in place to strengthen the holistic development of all our students. The programme seeks to develop ruggedness, resilience, and build cohesion amongst our students. All Sec 3 students will get to experience this 4 day/3 night outdoor adventure learning cohort residential camp.
- 2. Through the camp, students will be able to:
 - a. Learn about themselves
 - b. Build friendships amongst their team and actively help each other to achieve team goals in an inclusive manner
 - c. Understand the importance of caring for the environment
- 3. Inherently, there are risks involved in the conduct of these activities. Our school has conducted risk assessment for these activities and put in place appropriate measures to manage these risks to a suitable level for our students. We would like to assure that the safety of your child/ward is of the highest priority. All necessary precautions to ensure the safety of our students will be taken.
- 4. The details of the residential cohort camp are as follows:

Date	24 – 27 Oct 2023 (Tuesday – Friday)		
Time	Students are to report to school at 7:25 am on 24 Oct.		
	Students will be dismissed from school at 12:30 pm on 27 Oct.		
Reporting / Dismissal Venue	Yishun Secondary School		
Activity Venue	Home TeamNS Bukit Batok		
Attire	PE T-shirt / Track pants / YSS school socks		

- 5. Please find attached the camp packing list.
- 6. As the cost of the camp is fully subsidised by MOE, attendance is compulsory. All absence must be supported by medical certificate.
- 7. Parents/Guardian will need to return consent via Parents Gateway by 22 Oct 2023.

- Please update any change in contact details or medical information of your child/ward in the Student Details Form using your Singpass via the link below: https://pg.moe.edu.sg/forms/sdf
- 9. For any urgent matters or emergency, please contact Year Heads, Mr Koh Yong Cheng@91081397 and Assistant Year Head, Mr Selvam@91442814
- 10. Thank you in advance for your support.

Yours sincerely,

Mrs Redina Lee Principal

SUGGESTED PACKING LIST FOR SEC 3 OUTDOOR LEARNING PROGRAMME @ HomeTeamNS Bukit Batok

THINGS TO BRING (Label your name on all items)

Items	Qty	Description / Remarks	×
School T-shirt / Plain T-shirt	6	Inclusive of t-shirt worn to school on the 1st day of reporting	
School shorts / Dark-colored shorts	4	Inclusive of short worn to school on the 1st day of reporting.	
Undergarments	6	Inclusive of 1 set worn to school on the 1st day of reporting.	
Long Pants / Track Pants	2	1 for sleeping, 1 for Low Elements Activity	
Shoes	2	1 spare in case of wet and dirty activities	
Socks	4	Inclusive of 1 pair worn to school on the 1st day of reporting.	
Slippers / Sandals / Umbrella	1	Worn only during shower and wash up	
Disposable Poncho / Raincoat	2	Either one / Umbrella - 1	
Jacket	1	Optional	
Cap / Hat	1	Optional	
TOILETRIES			
Toothbrush & toothpaste	1		
Soap, Shampoo & Bath Towel	1		
Toilet Roll	1		
UTENSILS			
Water Bottle (min 1 Litres)	2		
Mug / Cup	1	Plastic / Metal (Disposable not allowed)	
Fork & Spoon	1		
Plate / Bowl	1		
MISCELLANEOUS ITEMS			
Day Pack	1	Small bag to carry water bottle and poncho/raincoat	
Blindfold	1	Night activity	
Notebook & Stationery	1	· ·	
Torch light	1	With spare batteries	
Sleeping Bag / Blanket / Bed Sheet	1	Either one	
Insect Repellent & Sun Block	1		
Plastic Bags / Zip Lock Bag	4	For soiled clothing	
Thermometer	1	×	
Personal Medication	1	e.g Flu, Cold, Fever medication	

THINGS NOT TO BRING / PROHIBITED ITEMS:

- 2. **Handphones** / MP3 players, iPods, radio
- 3. Electronic Games / Board Games / Card Games (e.g. IPad, PSPs)
- 4. Jewelry / Valuables/ Excessive cash (Not more then \$10)
- 5. Brand new / Expensive watches
- 6. Titbits / Soft drinks

MEDICAL MATTERS

All campers under any form of medication should bring their medicines along. They are to inform their trainers and teachers about their medication so that arrangements can be made for them to take their medicines during the camp. Campers who need immediate and more comprehensive medical attention would be sent to the nearest clinic / hospital.

Students are to bring their own personal medication e.g. flu, cold and fever medication.