



義順中學

**YISHUN SECONDARY SCHOOL**

4 Yishun Street 71, Singapore 768516 Tel: 68767129 Fax: 67557748

18 Oct 2023

Dear Parents/Guardian

### **Secondary 1 Outdoor Adventure Camp 2023**

1. We are pleased to inform you that our school's Sec 1 cohort level camp will be conducted in Singapore Discovery Centre (SDC). This is part of the National Outdoor Adventure Education Masterplan which MOE has put in place to strengthen the holistic development of all our students. The programme seeks to develop ruggedness, resilience, and build cohesion amongst our students. All Sec 1 students will get to experience this 4-day/3-night outdoor adventure learning cohort residential camp.
2. Through the camp, students will be able to:
  - a. Learn about themselves
  - b. Build friendships amongst their team and actively help each other to achieve team goals in an inclusive manner
  - c. Understand the importance of caring for the environment
3. Inherently, there are risks involved in the conduct of these activities. Our school has conducted risk assessment for these activities and put in place appropriate measures to manage these risks to a suitable level for our students. We would like to assure that the safety of your child/ward is of the highest priority. All necessary precautions to ensure the safety of our students will be taken.
4. The details of the residential cohort camp are as follows:

Date	24 – 27 Oct 2023 (Tuesday – Friday)
Time	Students are to report to school at 7:25 am on 24 Oct. Students will be dismissed from school at 12:30 pm on 27 Oct.
Reporting / Dismissal Venue	Yishun Secondary School
Activity Venue	Singapore Discovery Centre
Attire	PE T-shirt / Track pants / YSS school socks

5. Please find attached the camp packing list.
6. As the cost of the camp is fully subsidised by MOE, attendance is compulsory. All absence must be supported by medical certificate.
7. Parents/Guardian will need to return consent via Parents Gateway by 22 Oct 2023.

**WE SEEK, WE STRIVE, WE SOAR**

8. Please update any change in contact details or medical information of your child/ward in the Student Details Form using your Singpass via the link below:

<https://pg.moe.edu.sg/forms/sdf>

9. For any urgent matters or emergency, please contact Mr Alvin Hoo at 9424 4777.

10. Thank you in advance for your support.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Regina Lee', with a long horizontal flourish extending to the right.

Mrs Regina Lee  
Principal

## Sec 1 Camp Packing List (Residential Programme)

Item		Quantity
PE T-Shirts / school-approved T-shirts	Short-sleeved	Minimum 4
School shorts / black or dark blue shorts	For activities	4
Long Pants	Suitable for trekking expeditions (three-quarter pants are not allowed and jeans are not allowed)	1
Sleeping attire	Preferably long-sleeved and long pants	1 set (optional)
Undergarments	For personal hygiene	Enough for 4D3N
Towels	Hand (est. 30cm x 80cm)	1
	Bath towels [advise on micro fibre] (est. 60cm x 130cm)	1
Shoes	Covered shoes that are in good working condition, well-cushioned for long walk and general outdoor/land activities	1
	Slippers for use during non-activity period, e.g. wash up	
Water bottle	1.5L water bottles: To contain drinking water e.g. reusable plastic bottles	Minimum 1 bottle
Small bag	For trekking expedition. To keep water bottle sunblock and poncho	1
Personal protection	Sun protection: Sunblock (SPF 30 or higher) and lip balm	Sufficient
	Hand Sleeves / long tights for sun protection or insects bite during activities.	1 (optional)
	Hats / caps	1
	Ponchos / Raincoat	Minimum 1
Other personal items	Prescription medication e.g. inhaler, oral medication (all prescribed medication must be declared)	Sufficient
	Essential Toiletries – incl. hand sanitiser, body powder or prickly heat powder, toilet roll (for camp out purposes), sanitary napkins for females only etc	
	Spectacle retainer / hooks	1
	Reusable bags: For keeping dirty/wet items and waterproofing purposes, e.g. supermarket plastic bags/trash bags/Ziploc bags	Sufficient
	Writing materials – Camp Booklet (will be given 1 <sup>st</sup> day of programme. To bring everyday) & Pen	
Misc	Extra Face Mask	
Personal Comfort	Sleeping Bag	1
	Inflatable Pillow	1 (optional)
	Plastic Bag (for soiled clothing)	Some